

Mental Management Seminar with Jens Fudge

Jens Fudge, Paralympic Gold Medalist and author of the bestseller: "Choose to be a winner" will give a free seminar about mental management for archers. Get ready for maximum performance!

The seminar will take place at NUM, at 20-21 O'clock Thursday evening at the school's auditorium.



Choose to be a winner



Back ground information on Jens and some of his achievements: In 1992 in Barcelona, the Olympic and Paralympic Cauldron (torch) was ignited by a flaming arrow. At the Paralympic Games that year, Jens Fudge took the gold, winning.

Since he has helped a ton of archers, leading him to write the book: "Choose to be a winner", and helping even more archers achieve their gold both nationally and internationally.

www.choosetobeawinner.com/english

